



EDUCATION SERVICES

Workshops/Courses 2012

For Information or to Register Call: 780.497.7536

Effective Co-Parenting: Putting Kids First Increasing Children's Resiliency Through Separation/Divorce

Description

Effective Co-Parenting is a 3 week program, delivered twice a week for 3 hours, and is comprised of single moms, single dads, blended family parents, and biological parents. Caregivers can attend alone or together. All ages, backgrounds, religions and stages in the separation/divorce process may attend.

Course Objectives

- **Co-Parenting:** To encourage and facilitate parents continued involvement in the day to day parenting issues of their child.
- **Knowledge:** To convey important information to parents and foster understanding about issues children encounter, including: loss/grief, age/stage development, divided loyalties.
- **Skill Development:** To enhance skills and offer strategies for parents in communication, negotiation, problem-solving, conflict resolution and day to day issue management.
- **Support:** To normalize the experience of separation/divorce and assist parents to access informal and formal resources in their networks using a strengths based approach.



Goals

- Increasing children's resiliency to separation/divorce by keeping family relationships intact through the inclusion of caring parents in the child's life.
- Encouraging separated/divorced parents with children to build an environment of collaborative, cooperative, respectful parenting in which children's needs are a priority.

Dates	Time	Fees Group Session
February 28, March 1, 6, 8, 13, 15 September 18, 20, 25, 27, October 2, 4	Length: 6 Evenings Tuesdays & Thursdays 7:00 pm - 10:00 pm	\$200 (Individual) \$330 (2 Caregivers)

Subsidies available. Please inquire at time of registration.

Supported By:



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